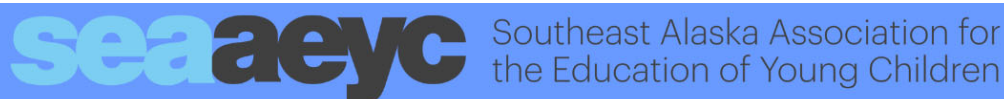


[View this email in your browser](#)



SEAAEYC NEWSLETTER

This quarter, SEAAEYC has achieved several exciting milestones, underscoring our commitment to supporting families and child care providers in our community. We are thrilled to now offer local child care providers the opportunity to participate in Circle of Security Classroom training, equipping them with valuable tools to enhance their caregiving practices. Additionally, we have expanded our team by hiring more Parents as Teachers home visitors, allowing us to serve even more local families. With new families and providers joining our various programs—such as Parents as Teachers (PAT), Imagination Library, Circle of Security (COS) trainings, Child Care Apprenticeship, and Child Development Associate (CDA) Credentials—SEAAEYC continues to prioritize meeting the diverse needs of both children and child care providers. Our efforts remain focused on ensuring that the community has access to essential resources and support, empowering caregivers and fostering the wellbeing of every child we serve.

PROGRAM NEWS

Circle of Security Classroom Training for Child Care Providers

Colleen Brody, Childcare Provider Mentor at SEAAEYC, is offering an 8-week Circle of Security Classroom (COSC) Approach training to the staff of local child care providers. COSC focuses on creating and fostering healthy attachments and relationships between caregivers and the children they care for. It uses decades of attachment research to enhance teachers'



child's behavior. For more information about this training, please visit COSC's [webpage](#). Please keep an eye out on our website and social media pages for upcoming COSC trainings starting next year!

Partnerships for Families & Children

SEAAEYC provides the backbone support for the early childhood coalition, [Juneau Partnerships for Families & Children](#) (PFC). The PFC has been working together for over 27 years to increase and coordinate resources for families with young children. This year, the PFC is focusing on two primary goals: **Kindergarten Readiness and Mental Health**. Each month, partner agencies offer family events, training, and newsletters. This year, families will also see resources about kindergarten readiness. Did you know that readiness begins at birth? There will also be materials that encourage conversations around mental health, and strategies to boost mental health. One great protective factor for good mental health is making connections with others. We encourage families to join community events like story time at the libraries or family fun night at the turf field. Reaching out to their peer group, physician, or a trusted social media page can also be a great way to build resilience and wellness.

Family Voice Committee Pilot Program

The Family Voices Pilot Program included three Summer Listening Sessions intended to gather insight and information directly from the expressed needs, challenges, and hopes of families based on their lived experiences raising children in Juneau. Seventeen families were able to share their stories in these Sessions and over 50 families registered to participate in the project. Key themes discussed in all three sessions included child care, resources for parent wellbeing, whole family activities and spaces, cost of living, disconnect and lack of information, and community social media. Many participants felt that the sessions themselves were a positive resource for connection and support. SEAAEYC is excited to move into our next phase of establishing a formal Family Voices Committee and share our findings with public figures, local government, and policy makers to help create a more family friendly Juneau.

Parents As Teachers News & Program Goals

This last quarter, PAT welcomed two new home visitors to the team and served an impressive 95 families and 121 children with over 200 home visits... all in the past 3 months! Enrolled families enjoy one on one parenting support, tailored to their unique child and family. Additionally, we hosted 15 group events ranging from weekly playgroups to evening family nights complete with dinner.

This year, we set a program goal to help reduce the prevalence of **Perinatal Mood Disorders** among new parents. Since most of our referrals to the program are families with a newborn, we are now offering enhanced waitlist services complete with weekly home visits, free diapers, and wrap around referral support to any family who has a baby under the age of 4 months. Already, we've served 12 families in this unique time of life, and it feels exciting to help nurture the earliest days in the relationship between parents and child.



PAT participant Harper Johnston enjoys her new umbrella hat while taking in an evening Family Night hosted by PAT.

Meet Our New Parents As Teachers Home Visitors

Johanna Crossett

Johanna Crossett grew up in New Mexico and moved to Alaska in 1994. She raised her children in Juneau and remains dedicated to the needs of infants and parents. She has a bachelor's degree in midwifery and is committed to providing options for pregnant people during the childbearing year. She looks forward to serving families in this new role as a Parents as Teachers home visitor.



Kayla Kohlhase

Kayla Kohlhase grew up here in Juneau and is proud to call Alaska home. She graduated from Juneau Douglas High School in 2020, and attended Whitworth University for Vocal Performance before having her son Luca, who is now 2, and settling back into the AK lifestyle. She is currently studying to achieve her Lactation Specialist Certification (CLS), and aspires to become an IBCLC down the road. She's always been passionate about working with families and supporting others, and is excited to be one of the newest members of Parents As Teachers. Kayla is overjoyed to be serving her community as a PAT Home Visitor with AEYC-SEA, and is thankful for the opportunity to get to know and love Juneau's growing families.



UPCOMING EVENT

Child Care Apprentice Program Reception

Join us on Thursday, November 7, 2024, from 5:30pm to 7:30pm at the Hangar Ballroom for an exciting evening with light appetizers and refreshments! Meet our apprentices, discover more about

Success (ECEPTS) in 2019, widely recognized for its important work in designing and implementing Registered Apprenticeships for the ECE workforce. Dr. Wolfe has focused specifically on advancing the rigorous professional development and economic wellbeing of those who teach, nurture, and support young children and families.



Dr. Randi Wolfe (first image) and SEAAEYC apprentice Amyrkha Harris (second image).

SAVE THE DATE

SEAAEYC's Early Childhood Conference: Nature & the Curious Child *(March 14th-15th, 2025)*

Join us for an inspiring and educational experience designed for all child care professionals. The 2025 Early Childhood Conference will be centered around Nature & the Curious Child (the benefits of natural play for growing children). The conference will be held in **Juneau, AK** on **March 14th-15th, 2025**. Keep an eye out for updates on our website and social media pages as the conference unfolds!



THANK YOU FOR YOUR SUPPORT!

SEAAEYC's valuable services and resources are made possible through a variety of grants and contributions from generous community members like you. Please consider supporting the SEAAEYC Imagination Library or Diaper Bank, by selecting one of the following buttons below or contact SEAAEYC.

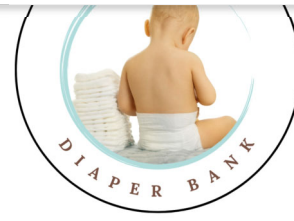
[Subscribe](#)

[Past Issues](#)

[Translate](#) ▼



[Donate](#)



[Donate](#)



P: (907) 789-1235

E: info@aeyc-sea.org

3200 Hospital Dr Suite 204, Juneau AK 99801

seaaeyc

Copyright (C) 2024 Southeast Alaska Association for the Education of Young Children. All rights reserved.

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe](#).

[View in browser](#)